

## NEW ENGLAND 12 & UNDER LONG COURSE CHAMPIONSHIPS

Hosted by: Bay and Ocean State Squids  
Thursday, July 20 - Sunday, July 23, 2006  
Blodgett Pool, Harvard University, Boston MA  
Sanctioned by New England Swimming #NE-06-62(TT)

**Meet Director:** Tim Murphy (617-495-2268, [tdmurphy@fas.harvard.edu](mailto:tdmurphy@fas.harvard.edu))  
**Meet Referee:** Bob Menck ([rmenck@ne.rr.com](mailto:rmenck@ne.rr.com))  
**Administrative Referee:** Don Weaver ([Donald.Weaver@uvm.edu](mailto:Donald.Weaver@uvm.edu))  
**Clerk of Course:** Carol Healey ([nemeentries@comcast.net](mailto:nemeentries@comcast.net))  
**Director of Operations:** Rick Osterberg ([ne-12u@swimindex.com](mailto:ne-12u@swimindex.com))  
**Entry Chairperson:** Carol Healey (781-444-2014, [nemeentries@comcast.net](mailto:nemeentries@comcast.net))  
47 May Street, Needham, MA 02492  
**Official Meet Web Site:** <http://www.swimindex.com/meets/2006/ne-12u/>

**Please check the meet website on a daily basis for possible changes to morning warm up times etc.**

### SESSIONS:

*Thursday, July 20, 2006:*

11-12 800 freestyle: Warm-up at 5:45pm, start at 6:30pm  
11-12 400 freestyle relay: 10 minute warm-up no earlier than 7:45pm

*Friday, July 21, 2006:*

10 & under timed finals; 11-12 prelims: Warm-up at 7:30am, start at 9:00am  
11-12 finals: Warm-up at 5:00pm, start at 6:00pm

*Saturday, July 22, 2006:*

10 & under timed finals; 11-12 prelims: Warm-up at 7:30am, start at 9:00am  
11-12 finals: Warm-up at 5:00pm, start at 6:00pm

*Sunday, July 23, 2006:*

10 & under timed finals; 11-12 prelims: Warm-up at 7:30am, start at 9:00am  
11-12 1500 freestyle: 45 minute warm-up no earlier than 12:30pm  
11-12 finals: Warm-up at 5:00pm, start at 6:00pm

No one will be allowed in the building until 15 minutes before the start of warm-up, except officials and those affiliated with the Bay and Ocean State Squids.

**MEET FORMAT:** The meet will be swum as timed-finals for 10 & under swimmers, and prelims/finals for 11-12 swimmers. All events 400 meters or longer (including the 400 IM) will be swum as timed finals. All relays will be swum as timed finals during the morning sessions. For 11-12 prelims/finals events, the evening finals will consist of a B-Final and A-Final, swum in that order.

**FACILITY:** Blodgett Pool features an 8 lane, 50 meter competition course with Kiefer Advantage II lane lines, a fully automatic Daktronics Timing System with alphanumeric scoreboard, and touchpads at both ends of the course. There is a diving well area that will be available for warm-up and warm-down activities. The facility has seating for 1200 spectators. The pool is located near the Harvard Football Stadium, at 65 North Harvard Street, Boston MA 02163. Directions may be found below.

**COURSE:** Long course meters (50 meters). 50-meter events will start at the starting end of the course, and finish at the turn end of the course. For 200-meter relays, the second and fourth swimmers may dive from the edge of the pool at the turn end. There are no starting blocks at the turn end of the pool. The starting end of the course has a depth of 7 feet. The turn end of the course has a depth of 3 feet 9 inches.

**ONLINE MEET COVERAGE:** The meet will feature online heat sheets, results, live scoreboard and webcam at: <http://www.swimindex.com/meets/2006/ne-12u/>

**OFFICIALS:** Officials are requested to help with the pre-meet planning for this meet by stating their availability to help as soon as possible. Please provide the information requested on the Application to Officiate for this meet (above). Host Team officials are reminded that they also need to submit an application. All applications that are received by the meet entry deadline (July 11, 2006) will count towards the work requirements for the official's team. Applications to officiate that are received at least ten days prior to the meet, and declare a commitment to serve at most of the meet, will be given priority consideration in deck assignments. Please do not submit an application within three days of the meet. "Walk-on" officials are always welcome and will be assigned to positions that are not filled.

**DIRECTIONS:** From the Mass Pike, get off at the Cambridge/Allston exit. Take the Cambridge ramp. Just before crossing the bridge into Cambridge, turn left onto the Storrow Drive entrance ramp. Go straight through the next intersection and take the next exit, marked Harvard Square, Cambridge. At the light at the top of the ramp, turn left onto North Harvard Street. The pool is the first building on the right. The pool is bounded on the south by Harvard Stadium, on the east by North Harvard Street, and on the north by Storrow Drive. Swimmers should be dropped off at the pool gate on North Harvard Street.

**PARKING:** After dropping the swimmers at the gate on North Harvard St., proceed to the parking lot entrance, across the street, to the *Harvard Business School parking lot*. There will be a parking fee of \$9 on Friday morning, and \$5 at all other times (Thursday and Friday after 5:00pm, and all day Saturday and Sunday). It is a 5-minute walk to the pool. This will be in effect for all four days of the meet. Only cars with parking passes will be allowed to park around the stadium. *All other vehicles will be towed.* Street parking is limited, but allowed in available spaces. If these guidelines are not adhered to, we will be in jeopardy of losing the use of the Harvard pool for meets. *Please do not park around the stadium.*

**ELIGIBILITY:** *This meet is open only to swimmers from the New England LSC.* All contestants must be 2006 USA Swimming registered athletes. *All swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer.* Teams entering the meet are *required* to check their entries with the online registration check tool on the New England Swimming web site. Please contact the New England Swimming Office for registration information. Disabled swimmer forms are available from the New England Swimming Office. All coaches on deck must have current USA Swimming registration, and must display their USA Swimming registration card at all times. New England Swimming Office: 20 Cleveland Road, Needham MA 02492, 781-449-0270, [office@neswim.com](mailto:office@neswim.com).

**ENTRY FEES:** Make payable to "The Mass Bay Marlins".

10 & under timed final individual events	\$3.50 (electronic)	\$4.00 (paper)
10 & under individual 400M or longer	\$5.00 (electronic)	\$5.50 (paper)
10 & under relays	\$14.00 (electronic)	\$14.50 (paper)
11-12 prelims/finals individual events	\$5.00 (electronic)	\$5.50 (paper)
11-12 individual 400M or longer	\$5.00 (electronic)	\$5.50 (paper)
11-12 relays	\$20.00 (electronic)	\$20.50 (paper)
New England travel fee surcharge	\$1.00 per swimmer	
Swimmer Participation Fee	\$5.00 per swimmer	

## ENTRY INFORMATION:

- All entries, on diskette, hand-written, or emailed, must be received by 5:00pm, Tuesday, July 11, 2006. (Exception: New event qualifiers from the July 13-16 Age Group Qualifier. See below.)
- Send electronic entries (SD3 or CL2 format) to: Carol Healey (nemeentries@comcast.net)
- Send hardcopy entries to: Carol Healey, 47 May Street, Needham MA 02492
- No fax entries will be accepted. No phone call entries will be accepted.
- Entry times must be achieved from July 21, 2005 through the entry deadline.
- The seeding order for events will be LCM, SCY, SCM.
- The hard copy and check must be received by 5:00pm, Saturday, July 15, 2006.
- An entry will not be accepted without the hard copy and payment.
- All hard copies and checks should be sent by US Postal Service certified mail, or hand delivered.
- Please check the "no signature required" box on overnight deliveries.
- All entries must be typed or legibly printed and must include all swimmer's USA Swimming registration numbers and ages.
- Entering teams are *required* to check their entries with the online registration check tool on the New England Swimming web site before submitting. All names and USA Swimming ID numbers of the swimmers must match exactly what is on file with in New England and USA Swimming. Swimmers with incorrect registration data will be scratched, and entry fees will be forfeited.
- If there is a discrepancy between the hard copy and the electronic entry, the hard copy will be used as the official meet entry.
- Include the cover page and signed release form with your entry.
- All swimmers may enter all events they qualify in, but are limited to competing in nine (9) individual events. 10 & under swimmers may compete in no more than five (5) individual events per day, including time trials. 11-12 swimmers may compete in no more than three (3) individual events per day, including time trials. All scratch deadlines will be strictly enforced.
- Please ensure that the team contact information is filled out correctly in your computer entry file, as this is the information that will be used to send results and other information to your team. An active e-mail address for your coach or contact person is required.
- A swimmer who qualifies in a new event only at the Age Group Qualifier meet on July 13-16th can send in their entry by US Postal Service, or email, by 5:00pm, Monday, July 17, 2006. If you email the entry, a hard copy and a check for the appropriate fee must be received by *Tuesday, July 18th*, in order to be accepted. You cannot update a time for an event already entered. Late entry swimmers may not be included in the meet psych sheet.

**RELAYS:** Each team may enter no more than two relays per age group and gender. All relays are eligible to score. Teams with at least one, but fewer than four, swimmers in an age group/gender may enter up to three relay-only swimmers for that age group/gender to fill one relay. If a qualified swimmer is unable to swim and there is no other qualified swimmer available, the relay must be scratched.

0 swimmers	0 relay-only swimmers permitted	0 relays
1 swimmer	3 relay-only swimmers permitted	1 relay
2 swimmers	2 relay-only swimmers permitted	1 relay
3 swimmers	1 relay-only swimmer permitted	1 relay
4-7 swimmers	0 relay-only swimmers permitted	1 relay
8 or more swimmers	0 relay-only swimmers permitted	2 relays

**TIME TRIALS:** Time trials will be available at the discretion of the meet referee and meet director, and if time allows after the morning sessions on Friday and Saturday, and after the afternoon 1500 freestyle session on Sunday. All time trial swimmers must provide two timers for their swims. The cost of time trials is \$5.00 per individual event and \$20.00 per relay.

**DISTANCE EVENTS:** The 800 freestyle and 1500 freestyle are timed finals and will be swum fastest to slowest, alternating heats of women and men. All distance swimmers must provide at least two timers, and one counter for their swims. All 1500 freestyle swimmers will swim in the Sunday afternoon session. There will *not* be a 1500 freestyle heat during the Sunday night finals session.

**VERIFICATION & RULES:** Refer to the verification information provided by New England Swimming. The 2006 USA Swimming Rules and Regulations will govern except as otherwise stated herein and the decision of the referee will be final. Disabled swimmer forms are required by USA Swimming and are available from the New England Swimming Office. All swimmers participating in the meet without a USA Swimming registered coach shall report to the referee before warm-ups prior to each session.

### **SCRATCHES:**

#### **Scratches for preliminaries and timed-final events:**

- Emailed scratches will be accepted through Wednesday, July 19, 2006, 11:59pm. Please email scratches to Carol Healey at nemeetentries@comcast.net. Emailed scratches will not be accepted during the meet.
- Thursday events: The 800 freestyle and 400 freestyle relay will have a positive check-in, by 5:45pm at the Clerk of Course.
- Friday events: You may call 781-540-9026 between 5:00pm and 6:00pm on Thursday, or scratch at the Clerk of Course at the pool by Thursday evening at 6:00pm.
- Saturday events: Scratch at the Clerk of Course at the pool by Friday evening at 6:00pm.
- Sunday 1500 freestyle: Positive check-in at the Clerk of Course by 12:30pm.
- Sunday other events: Scratch at the Clerk of Course at the pool by Saturday evening at 6:00pm.

**Scratches for finals:** A swimmer qualifying for finals must notify the Clerk of Course that they may not intend to compete in finals within 30 minutes after the qualifiers for that event are announced, and must further declare their final intention within 30 minutes of completing their final individual event in the preliminaries.

### **SPECIAL NOTES:**

- Coaches are expected to understand the scratch, verification and relay rules before the meet begins.
- Any swimmer who fails to compete in an individual event in which he/she is entered and has not been scratched will be barred from further competition that day, including time trials and relays. The swimmer will automatically be scratched from the following day's events unless the Clerk of Course has been notified of the swimmer's intention to compete, by the scratch deadline.
- Any relay team that does not scratch (per above), or is not excused by the Meet Referee, must swim that event. If the relay team does not appear behind the blocks ready to compete, each member of the relay team will be barred from competing in the next individual event that they are entered in, as well as the next relay.
- To avoid open lanes, the Meet Director and Meet Referee encourage coaches to scratch their swimmers properly instead of asking for administrative DQs.
- No coolers are permitted anywhere within the facility.

**AWARDS:** In individual events, medals will be awarded for places 1-8, and ribbons for places 9-16. For relay events, medals will be awarded for places 1-3, and ribbons for places 4-8. These awards will be presented throughout the meet as time allows. The top eight high point winners in each age group for both girls and boys will be awarded a plaque. The 10 & under high point award ceremonies will take place at the end of the Sunday morning session. The 11-12 high point award ceremony will take place at the end of the Sunday evening session. Coaches are responsible for making sure their swimmer is present to receive their award. Team awards for the top 8 teams (combined women's and men's score).

### **SCORING:** Top 16 places:

Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1  
Relay: 40 34 32 30 27 26 24 22 18 14 12 10 8 6 4 2

**WORKER & TIMERS:** All teams will be given timing and work assignments based on their number of entries. Teams that send back the sign-up sheet for Officials with their entry will get credit for those positions. Credit will not be given for Officials if the sheet is not returned with the hard copy of the meet entry. The timing assignments will be posted on the web page with ample time to get workers.

**WARM-UP:** USA Swimming warm-up policies will be in effect for the whole meet. Unattached swimmers must report to the Meet Referee before each session. Diving will be prohibited during warm-ups except at the designated times. No diving will be allowed, at any time, in the diving well warm-up area. Sprint lanes will be open at the end of the warm-up session. Teams will be assigned warm-up lanes for each session. Coaches must instruct their swimmers to obey the warm-up rules.

**COACHES NOTES:** All coaches should check in with the control office upon arrival to the pool. Coaches' packets will be available at the beginning of warm-ups at each session. Please turn in relay cards in a timely fashion. There will be a coaches meeting on Friday, July 21, 2006 at 8:30am. Please do *not* ask to change entry times or events after the entry deadline. There will be no deck entries. Coaches are responsible for the behavior of their swimmers at all times and for making sure their swimmers know when to swim. There will not be a bullpen, but heat sheets will be posted throughout the pool deck. Lockers will not be available for use by coaches or swimmers. Please respect the locker room and facility.

**CONCESSION:** There will be a snack bar open at all sessions.

**PROGRAMS:** \$6.00 full meet psych sheet per age-group, \$2.00 heat sheet per session.

**RESULTS:** Event results will be posted on the pool deck, in the spectator area, and on the web site immediately after each event.

**ADMISSION:** \$1.00 per session

**EQUIPMENT VENDOR:** Metro Swim Shop will be on-site.

**SAFETY:**

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm down areas at any time.
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- No camera cell phones are permitted in the locker rooms.

**MISCELLANEOUS:** Harvard University and the Bay and Ocean State Squids assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

Any questions or concerns about the meet format or event order should be directed to New England Swimming Age Group Chair Laura Matuszak (lmatuszak@smcvt.edu).